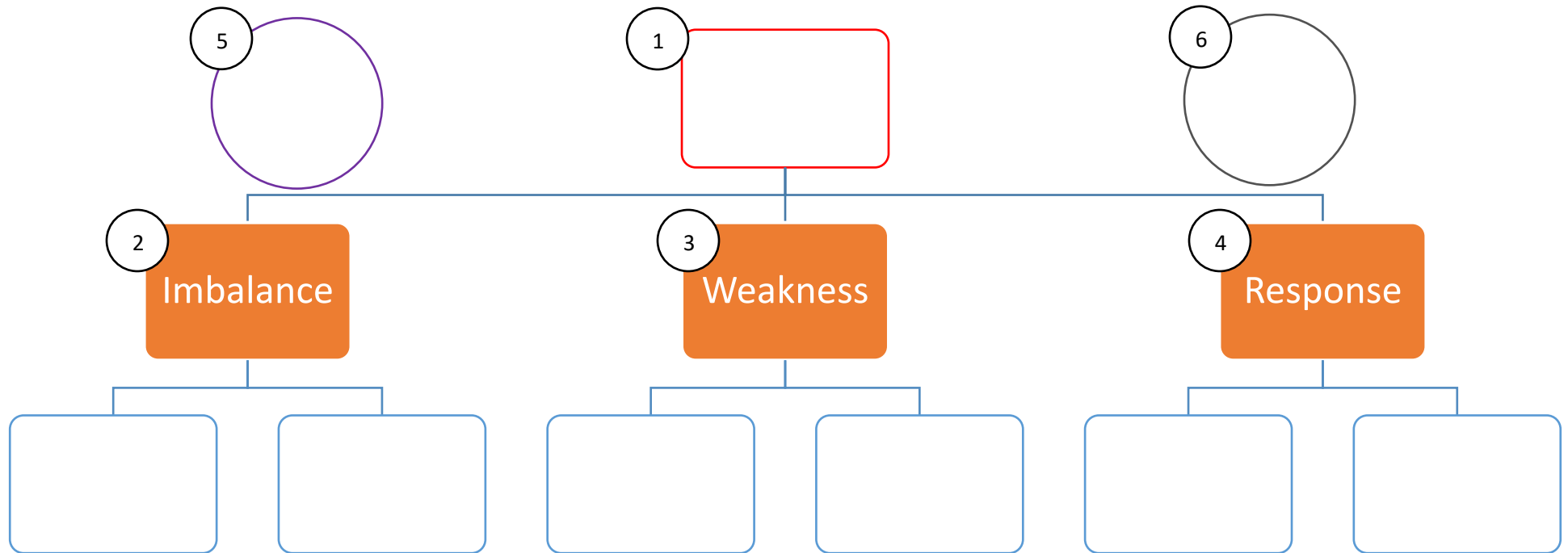


# Learning to Love Your Soul Diagram

The three steps in overcoming our dysfunctional patterns are (1) addressing our view and understanding our true worth; (2) dissociate our dysfunctional patterns by applying righteous; and (3) walking in a newness of life. The first diagram will help you to discover the root cause, the second diagram will help you to dissociate yourself from those struggles by applying righteous actions, and the third will assist you in live a new life for Christ and His Kingdom.



1. **Dysfunctional Pattern** – this is an incorrect pattern of behavior that can become our default if not addressed. This tends to cause hurt, pain, or even sin.
2. **Relation Imbalance** - The foundation for this relationship is our sense of self-worth and value. If this relation is imbalanced, it will also affect how we value others. This imbalance occurs in one of two ways. One, we believe that we have little or no worth. Two, we believe that we are worth more than others.
3. **Relation Weakness** – the more we struggle to believe or to see that we have value or that we are worth the same as our neighbor, the greater our relations with our self and others will weaken and become unstable.
4. **Irregular Response** – the more unstable our relations become, the more susceptible we are to irregular responses such as anger, doubt, envy, fear, guilt, hatred, jealousy, lust, mocking, pride, self-abasement, self-pity, etc.
5. **Compensatory Response** – when we form incorrect patterns, we begin to compensate by acting out in other ways
6. **Dysfunctional Response** – when we try to correct our irregular responses, but do not address the imbalance, we tend to fail and begin to fall into other dysfunctional responses such as depression, anxiety, hopelessness, discouragement, etc.

Find your  
Root Cause



What is the  
opposite?



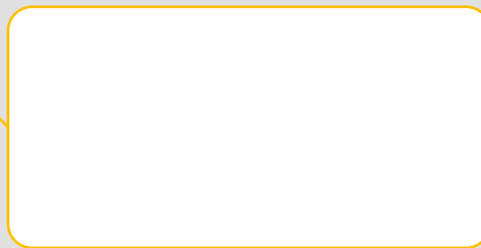
What are  
the actions?



What are  
your  
Passions?



How can it be  
used for the  
Kingdom?



How can you  
nurture it?

